ICL Patient Instructions



Three Days Before Your Procedure

Follow this drop schedule: Always wait 5 minutes in between each drop to avoid washing one out with the other.

- 1 drop in surgery eye(s) of Ofloxacin (tan cap): 4 times daily.
- 1 drop in surgery eye(s) of Ketorolac (white cap): 4 times daily.

The Night Before Your Procedure

- Make transportation arrangements. You should NOT drive yourself home after surgery because you will be mildly sedated.
- Wash face well with soap and water. Take a shower or bath and wash hair.

The Day of Your Procedure

- You may eat and drink.
- Please refrain from wearing perfume, cologne, or after-shave on your surgery date. Please do not use any hair products that contain alcohol, such as hair spray or mousse.
- Do not wear make-up. Wash face again with soap and water.
- Take all of your usual medications before coming to the surgery center.
- · Wear comfortable clothing.

After Your ICL Procedure

- Vision will gradually improve, you may notice blurred or double vision at first. Wear your eyeshield when sleeping during the first 72 hours after your procedure.
- Post-Operative Medications: use these eye drops as directed.
 - 1 drop of Ofloxacin (tan cap): 4 times daily for one 1 week.
 - 1 drop of Pred Forte (pink cap): 4 times daily for 2 weeks.
 - 1 drop of Ketorolac (white cap): 4 times daily for 2 weeks.
- Post-Operative Symptoms: You may have a scratchy or foreign body sensation. Also, many people notice a pink
 or red glow following surgery. These experiences are normal and expected. If you have severe pain or headache
 with nausea that is not relieved by pain medication, contact ClearView Eye Clinic at 866.770.2020 or if after
 hours, contact Dr. Leach directly at 208-310-9536.
- **Post-operative appointments:** 2 hours post-surgery, the following day after surgery and again in two (2) weeks. Of course, individual differences in healing may require changes in this schedule.
- You will need someone to bring you to your post-operative visit. At your post-operative exam your doctor will let you know when you are able to drive.